

TOPIC: DIVORCE

LEVEL: INTERMEDIATE

SESSION 1

DIVORCE PRETEST/POSTTEST

Name _____ Date _____

Instructions: Each of the statements concerns your ideas, beliefs, attitudes, or feelings about divorce. After each statement is a response you could choose. Circle the response that best represents how you think or feel now.

Scale: 1 = no
 2 = sometimes
 3 = yes

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|---|---|---|---|
| 1. I think people who get married should never get divorced. | 1 | 2 | 3 |
| 2. I can talk about the divorce with my parents, and they will listen to me. | 1 | 2 | 3 |
| 3. I have a support system of relatives and friends who understand me. | 1 | 2 | 3 |
| 4. I can express my feelings about the divorce. | 1 | 2 | 3 |
| 5. I like visiting the parent I don't live with. | 1 | 2 | 3 |
| 6. I feel comfortable asking for what I want and need. | 1 | 2 | 3 |
| 7. I am worried about what will happen to me. | 1 | 2 | 3 |
| 8. I feel as though I don't have any control over what is happening at home. | 1 | 2 | 3 |
| 9. I think it is better to talk about my feelings than it is to keep them inside. | 1 | 2 | 3 |
| 10. I think I can learn to adjust to family changes. | 1 | 2 | 3 |